

# KOREA HOUSE RESTAURANT

## *The first Korean Restaurant in San Diego*

By Gina Cord

Very few residents of San Diego, other than the Korean Nationals or Korean Americans, are familiar with the delightful, healthy foods preparations of Korea. We seem to categorize all Asian food as the same whether it is Chinese, Japanese, or any other Asian country, but there is a distinctive difference in the type of food and the preparation.

As a new initiate of Korean gourmet food, I have recently had the pleasure of dining at Korea House located on Convoy Street in San Diego, and the delicate taste of these preparations was a wonderful experience.



Koreans are famous for BBQ cooked on a grill at your table, but it is not the char-broiled type with a crusty outside layer. The Korean BBQ is specially marinated fine cuts of beef in sliver-thin slices,

flavors.

Another favorite Korean dish is known as 'Bibimbob' which is a rice bowl served with meat and vegetables accompanied by a sweet and sour sauce.

All Korean food is known as a

gently cooked and served with a fine sauce. This is accompanied by at least ten small side dishes of vegetables and other taste-provoking items to increase your pleasure. Of course, all is preceded by soup and a crisp salad. So, if you dine in style, allow about two hours to savor all the various

healthy choice and consists largely of rice, noodles, tofu, vegetables and meats. Koreans are so food-conscious that when they greet each other formally, they say 'how is your health and are you eating well'.

Korea House was the very first authentic Korean Restaurant in the entire San Diego area and has been continuously in operation for over 25 years by Myo Kim, the owner. It has become so famous, that when visitors arrive from Korea, their first stop is a visit to the restaurant. The restaurant has enjoyed high honors by the restaurant awards associations including the 2008 Master Award. During all of the 25 years of operation, the restaurant

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### **"Pacific Rim"** *Con't from Page 1*

community. Each park has a pearl, adding to a string of pearls that will connect our shared region of the world. In contrast to a "ring of fire", the organization envisions

by architecture students under the artistic supervision of leading artists, architects and urban planners. The students come from several countries, and tran-

of 30 days. After a new park is completed, it is given as a gift to the citizens of the Pacific and to the sponsoring organization or institution in the host city. All parks are for the

[www.pacificrimparcs.org](http://www.pacificrimparcs.org)

Please contact the San Diego office of Pacific Rim Parks, Kyle Bergman President

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